

# NEWSLETTER

*Jul - Sep 2021 Edition*

## Major new COVID-19 support package to help tens of thousands of businesses across NSW

The NSW Government on 29/06/2021 announced a major new grants package and changes to the Dine & Discover program to help tens of thousands of small businesses and people across NSW impacted by the current COVID-19 restrictions.

## IMPORTANT DATES

Sunday 4-11 July - NAIDOC Week  
Monday 2 August - Bank Holiday  
Sunday 5 September - Father's Day

### The grants will be divided into two streams:

**1. Small Business COVID-19 Support Grant.** Available to businesses and sole traders with a turnover of more than \$75,000 per annum but below the NSW Government 2020/21 payroll tax threshold of \$1,200,000 as at 1 July 2020.

These businesses must have fewer than 20 full time equivalent employees and an Australian Business Number (ABN) registered in New South Wales or be able to demonstrate they are physically located and primarily operating in New South Wales. (Full criteria will be available in coming days on the Service NSW website).

**2. Hospitality and Tourism COVID-19 Support Grant.** Available to tourism or hospitality businesses that have a turnover of more than \$75,000 and an annual Australian wages bill of below \$10 million, as at 1 July 2020. These business must have an Australian Business Number (ABN) registered in New South Wales or be able to demonstrate they are physically located and primarily operating in New South Wales. (Full criteria will be available in coming days on the Service NSW website).

### Other key elements of the package announced today include:

- Dine & Discover vouchers will be able to be used for takeaway from eligible and registered Dine businesses during the restriction period, but food must be delivered direct to the home by the restaurant or café and not picked up. Dine & Discover vouchers cannot be redeemed for takeaway using third party delivery platforms.
- A further one-month extension of Dine & Discover vouchers until 31 August 2021 to allow people more time to use them.
- More than \$11 million for increased support for people at risk of homelessness plus assistance to vulnerable temporary visa holders, asylum seekers and refugees.
- An optional deferral of payroll tax payments due in July 2021 and the deferral of hotel June quarter gaming machine tax, with the Chief Commissioner of State Revenue able to provide for appropriate repayment arrangements on a case by case basis.

More information on the small business support grants and changes to the Dine & Discover program will be available shortly on the Service NSW website.

# Q-TIP DOT PAINTINGS

## Aboriginal inspired art for Kids

Aboriginal art is famous for its collection of small dots. What better way to let your kids have a go at creating their very own masterpiece than by using Q-tips to make these q-tip dot paintings.

These kids artwork ideas are fantastic activities for NAIDOC week, which is in July. Art is an excellent way of introducing your kids to Aboriginal and Torres Strait Islander culture and achievements.



### How to make your own Q-tip painted handprint art.



[www.taminglittlemonsters.com](http://www.taminglittlemonsters.com)

Start with a piece of paper, I liked black for this project, but you can use whatever you have in the cupboard.

Paint your little monsters hand with white paint and see if they can make a nice, clear outline as they stamp the paper. If your kids are still young and a bit squirmy, this might prove to be a bit challenging for you.

After you have your handprint, it's time to bring out the Q-tips and a rainbow of colored paint. Let your kids dot, brush, and explore the different ways they can use the Q-tips to make patterns on the paper.

# PHYSICAL ACTIVITY IDEAS FOR NAIDOC WEEK

## KOOLCHEE ('KOOOL-CHEE')

(a traditional Aboriginal game)

This ball-throwing and hitting game was played by the Diyari people from the Lake Eyre district of South Australia. The balls used were made of gypsum, sandstone or mud that was worked into a round ball about 8–10cm in diameter. The balls were called koolchees. Two teams would line up opposite each other and roll the koolchees with the aim of breaking their opponent's koolchee.

### Manipulative skills in this game

- Underarm rolling

### Equipment

- Masking tape
- 15 plastic cups (or empty plastic milk bottles) for skittles
- Five small bouncy balls



### How to Play:

1. Divide children into teams of 4-6
2. The first child in the team moves to the starting line and rolls a koolchee at the skittles. After their turn, the child moves to the back of the line.
3. The children then take turns rolling the koolchee. If a skittle is knocked down the child is congratulated and the game continues. A child may be behind the skittles to return the koolchee after each turn.

This game supports children to practise their underarm throw.

## Underarm throwing





# FRUIT PARFAIT

Prep time: 20 mins    Cook time: 0 min    Serves: 20    Serve Size: 1 parfait

## INGREDIENTS

1.5 kg	Chopped fresh seasonal fruit (e.g. melons, banana, kiwi fruit, strawberries, peaches, pineapple, plums) OR
10 cups	Frozen berries, canned fruit salad (drained)
2kg	Reduced fat vanilla yoghurt
3 cups	Untoasted muesli

## STEPS

1. Chop fruit and place in individual bowls on the tables, along with yoghurt and muesli.
2. Using 100g of yoghurt, approx. 75g or ½ cup of fruit and 1 tablespoons of muesli have children assemble their own snack, layering spoonful's of fruit, muesli and yoghurt into a small cup.
3. Top with a sprinkle of muesli.



## Helpful tips

- Berry flavoured yoghurt could be used for variety
- Tinned passionfruit pulp can be added to the top, for extra taste
- Stewed fruit could be used



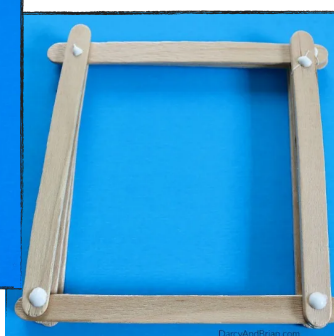
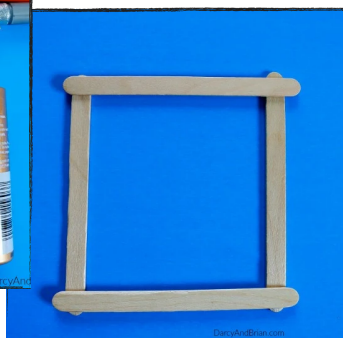


# MY DAD ROCKS KEEPSAKE BOX FATHER'S DAY CRAFT

This My Dad Rocks Keepsake Box Father's Day craft is fun and easy for kids to make. Not only does this box make a nice present on its own, it could be a gift box containing something else for Daddy! This kids craft is more than a memorable handmade Father's Day gift, it provides an opportunity for learning and practicing fine motor skills, too.

## Dad Rocks Popsicle Stick Box Materials:

- 50 popsicle craft sticks
- Tacky glue
- Glitter glue
- Rock



## How to Make a Dad Rocks Keepsake Popsicle Stick Box:

1. Gather up your craft supplies and count out the popsicle sticks.
2. Start by gluing four craft sticks together in a square (may need to remind little ones how much glue to use on the ends of the sticks).
3. Continue layering the crafts sticks on top of each other and gluing them into place until the box is as deep as you want it. Note: Try to save 15 for the cover and 11 for the bottom if you are sticking to 50 sticks total.
4. On the last layer, place craft sticks side by side all the way across. This will actually be the bottom once the glue is dry and you flip the box over.
5. Now, to make the cover, start the same way as you did for the box. Glue four sticks in a square. Then lay the sticks across the whole top and let it dry.
6. Next, glue a rock in the middle of the cover. This will act as the handle!
7. Decorate the cover as you wish and use glitter glue to write "My Dad Rocks" on the top.  
You can give it to Daddy already filled with keepsakes (like movie ticket stubs), place a gift inside (such as a tie or gift card), or give it to him as is so it can be filled up with memories.

This is a fun Father's Day craft for kids to make something to go on Daddy's desk at work or on top of the dresser at home.

# NATURE CRAFT – PERFECT FOR EARTH DAY ACTIVITY

## CLAY IMPRINTS WITH PLANTS AND FLOWERS

Clay Impressions

Nature Project

mybrightideasblog.com



Lovely Flowers & Fern



Natural Clay from the Dollar Store



Using your hands flatten the clay and add flower

So you will need CLAY and a very smooth surface to work on. You also need some flowers or plants, a rolling pin or water bottle that has smooth sides. Later when the clay is dry you may want to use some craft paint to add the green or flower color. Also if you want to turn it into a mobile or wind chimes you might need a chopstick or skewer to poke a hole in it.



Pressing the imprint with a waterbottle as my rolling pin



Awesome plant inprint!



I am crazy about ferns!

We just slice off chunks and made different shapes with it. Then we rolled it flat. Next we place a bit of plant or flower onto the clay and rolled over it gently with a smooth water bottle. Pull the plant off the clay and admire the details now imprinted in the clay. If you want to add a hole-this is the time to grab your kebab skewer or chopstick.



So pretty I didn't want to pull the plants out of the clay



Use a chopstick to poke a hole in the soft clay



Wet Clay is dark and lightens as it dries

Allow the clay to dry overnight. It should feel completely dry before you paint it. I just used regular craft paint.



Try to imprint clay with other things around the house. The side of this glass looked interesting.



Pause to admire...then pull the plants out



After its dry add colour to the clay

This project has a lot of possibilities so let your imagination go wild. Find things around the house with interesting textures to imprint the clay.



# WHAT'S ON

## Local Community Events

### Ryde Council

#### DIGITAL / NEW PARENTS FIRST AID

Thursday 30 July 2020 | Friday 31 December

Does your baby need a doctor, an ambulance or home care?

Learn these newborn first aid essentials and you'll always know what to do with this free online course.

#### Register online

<https://www.ryde.nsw.gov.au/Events/Listing/New-Parents-First-Aid>

#### EASTWOOD NIGHT MARKETS

A weekly night market perfect for the family located in Eastwood Plaza every Saturday from 4.00pm to 10.00pm.

Come along for a fun night out and support this great initiative and see why Eastwood has gained a reputation as a food and entertainment hub.

Following the advice of NSW Health, you are required to wear a face mask when visiting the Eastwood Night Market. You are also required to provide your details for the purpose of contact tracing when visiting, please use QR Codes available. Thank you for your cooperation.

### Strathfield Council

#### HOMEBUSH VILLAGE FAIR MINI

Sunday, 11 July 2021 | 11:00 AM - 02:00 PM  
at Homebush Public School

There will be capacity restrictions, QR code sign in and participants are required to remain seated.

- Children's food activity
- face painting
- Strathfield Library story time
- Children's performer
- Magic workshop

Entry into Homebush Public School is via Rochester Street.

### Parramatta Council

#### NATIONAL TREE DAY 2021

Sunday 1 August 2021 | 9.30-11am & 11.30am-1pm

This year to celebrate National Tree Day, Council will host a series of seven community-planting events, where locals are invited to plant native trees, shrubs and groundcovers.

The goal is to host 350 volunteers across these events and to install 5,250 plants. All attendees are required to register in order to keep track of attendance numbers.

Events will take place at Upjohn Park North - Reserve at 71 Ulm Street in Ermington on the below dates.

[Please visit Eventbrite for more details and register for the events.](#)

A COVID-safe plan for each event has been developed to ensure these events comply with NSW Government restrictions.

For more information, please contact Council's Bushcare team at [bushcare@cityofparramatta.nsw.gov.au](mailto:bushcare@cityofparramatta.nsw.gov.au)

### The Hills Council

#### BELLA VISTA FARM OPEN DAY

Sunday, 04 July 2021 | 10:00 AM - 02:00 PM  
Sunday, 01 August 2021 | 10:00 AM - 02:00 PM  
Sunday, 05 September 2021 | 10:00 AM - 02:00 PM

The historic homestead will be open for limited viewing. Our volunteers from the Friends of Bella Vista farm are available to chat and answer any question about the Farm and its history.

Also relax in the gardens of the Farm or bring a family picnic lunch to enjoy. Explore the homestead and farm buildings.

### Cumberland Council

Our libraries are currently closed due to public health orders.

All school holiday clinics are suspended due to public health orders. If you have a booking, we'll be in touch.